



Express Mail No. EL 936642933 US
Attorney Docket No. 10029.02

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of) Confirmation No. 526192002
Kevin LAMAR et al.) Group Art Unit: 3764
Appl. No.: 09/805,067) Examiner: Not Yet Assigned
Filed: March 12, 2001)
Title: GROUP PROGRAM FOR)
RESISTANCE EXERCISE)
TRAINING)

Commissioner for Patents
Washington, D.C. 20231

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Name: Kristi Murray

Signature: Kristi Murray

PRELIMINARY AMENDMENT

Sir:

Please amend the above-identified application as follows:

Please replace the paragraph beginning at page 1, line 6, after "CROSS-REFERENCE

TO RELATED APPLICATIONS" with the following rewritten paragraph:

This application claims the benefit of United States Provisional Application No.

60/188381 entitled "Variable Load Multi-Position Bench Exercise Unit and Associated Group

Exercise Program" and filed March 10, 2000, by Andrew P. Lull et al., and United States

Provisional Application No. 60/274590 entitled "Group Program for Resistance Exercise

Training" and filed March 9, 2001, by Kevin Lamar et al., (the "Provisional Applications"). The

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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Patent Application of:

Kevin LAMAR et al.

Serial No. 09/805,067

Filed: March 12, 2001

For: GROUP PROGRAM FOR RESISTANCE
EXERCISE TRAINING

Confirmation No.: 2619

Examiner: Not Yet Assigned

Art Unit: 3764

CERTIFICATE OF MAILING BY EXPRESS MAIL

Commissioner for Patents
2900 Crystal Drive
Arlington, Virginia 22202-3513

Sir:

The undersigned hereby certifies that the following documents:

1. Preliminary Amendment;
2. Certificate of Mailing by Express Mail; and
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relating to the above application, were deposited as "Express Mail," Mailing Label No. EL 936642933 US with the United States Postal Service, addressed to Commissioner of Patents, 2900 Crystal Drive, Arlington, Virginia 22202-3513, on this 24th day of May, 2002.

Mailer

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